

DOUNBY SURGERY
Patient Participation Group (PPG) Meeting
Wednesday 29th October 2025

Present:	Lorraine Flett Kirsteen Hine Christine Northage Anabel Eltome	Helen Clouston Anne Slight Flora Ridsdill Smith Lynn Runciman
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Apologies: John Stockan, Erlend Nicolson

1. Welcome

Lorraine opened the meeting and welcomed all attendees.

2. Matters arising

No outstanding matters were raised.

3. PPG Mission Statement

Lorraine presented the collated suggestions from group members and highlighted the common themes. Following discussion, the group agreed on the following mission statement:

The Dounby Surgery PPG works in partnership with patients and the surgery team to improve services, strengthen communication, and make sure patient voices are heard.

4. Upgrade work

Lorraine and Helen shared the progress of the upgrade work being undertaken in the practice. The flooring in the waiting area has been replaced, and the sinks have been changed in the clinical rooms. Work so far has gone well with minimal disruption to the practice.

5. Health Walks

Flora provided an update on the fortnightly Tuesday health walks she leads from the practice.

Discussion points included:

- Increasing promotion via social media, possibly with more photos or regular updates.
- Considering a move to weekly walks to help participants remember the schedule.

- Ways to notify participants promptly if a walk needs to be cancelled.

6. Practice update

- Yvonne has left the administration team to take up a new role
- Practice Nurse Hannah has begun a prescribing course
- Dr Holly Woodwork, a trainee GP, will join the surgery from February to August next year

7. Any other business

- **Health and Care experience survey** – National surveys have recently been sent out to randomly selected patients. Group members are encouraged to complete the survey if they receive one
- **Wintering Well kits** – Kits are now available from the library, these contain a lamp and other resources to support people experiencing Seasonal Affective Disorder.

8. Date and time of next meeting

The next meeting is scheduled for Wednesday 21st January at 12.45pm.