

Wednesday 29th October 2025

Helen Clouston
Anne Slight
Flora Ridsdill Smith
Lynn Runciman

- Increasing promotion via social media, possibly with more photos or regular updates.
- Considering a move to weekly walks to help participants remember the schedule.

- Ways to notify participants promptly if a walk needs to be cancelled.

6. Practice update

- Yvonne has left the administration team to take up a new role
- Practice Nurse Hannah has begun a prescribing course
- Dr Holly Woodwark, a trainee GP, will join the surgery from February to August next year

7. Any other business

- **Health and Care experience survey** – National surveys have recently been sent out to randomly selected patients. Group members are encouraged to complete the survey if they receive one
- **Wintering Well kits** – Kits are now available from the library, these contain a lamp and other resources to support people experiencing Seasonal Affective Disorder.

8. Date and time of next meeting

The next meeting is scheduled for Wednesday 21st January at 12.45pm.